

PATCHWORK & QUILTING RETREATS 2017/18

Choice of Techniques, Projects and Fabric Requirements

SAMPLER QUILTS AND BEAUTIFUL BARGELLO!

Sampler quilts-a great project for beginners and all patchworkers. Very flexible range of designs. Make a small quilt or use the sampler blocks to make a bed/table runner or panels for a bag or cushions.

Beautiful Bargello-a lovely technique to learn or explore for all levels. Three examples are shown. Your choice of fabrics will make your quilt unique!

Beginners Sampler Quilt approx. 48" x 64"

Minimum 6 fat quarters assorted contrasting colours.(up to 8 would give you plenty of options)

1.5m fabric for sashing and borders (essentially framing fabric for the different blocks and the whole quilt)

Backing fabric -this can be a sheet or piece of fabric at least 54"x 68"-it can be pieced from smaller pieces of fabric

Wadding- 52" x 72" I will have 3 different types of wadding available to buy during the holiday

Thread for piecing- general purpose thread will suffice-I suggest pale grey to blend with all colours.

For quilting I suggest YLI invisible thread (for stitching in the ditch), stranded embroidery cotton in suitable colours(for a little bit of hand quilting), bobbin thread(normal sewing thread) in a colour to complement your backing fabric-can either blend in or contrast.

And possibly a machine quilting thread in your chosen colour for a little machine quilting- not in the ditch. If you are not familiar with these quilting terms relax-all will be made clear!

Bring a sewing kit- pins, needles, scissors (for fabric and paper) thimble, etc...(I will be able to help out if anything forgotten or not available)Freezer paper if you have it- or you can purchase some from me if you need it.

Rotary cutter,mat and ruler and a sewing machine(with your instruction book)



Sewing machines are available to hire if necessary for £40 for the week. All hire machines will have a quarter inch foot, walking foot and free machine quilting foot(darning or embroidery foot)Please book a machine in advance if required.

There will be a small selection of fabrics etc available for sale and some books for sale by donation to Project Linus-while stocks last!. (I am the Voluntary Regional Coordinator for Project Linus for Trossachs, Stirling and Surrounds)

Wadding on the roll is available also -2oz polyester 60" wide; 100% cotton 90" wide ; 80/20 cotton/polyester adhesive wadding 96" wide.

Sampler blocks

There will be a selection of varied block designs for all levels. Some can be worked by hand, some by machine.

Bring a selection of fabrics in your chosen colours-the amount will depend on how many blocks you would like to make.

The great thing about sampler quilts and projects is that you can add in extra colours as you go along so it is very flexible.

Blocks can be made up in to your choice of project e.g. a **tote bag** for which you will need an extra 0.5m fabric for lining and 0.5m for the borders for your block and handles ,**cushions** for which you will need extra fabric for borders and backing, a **table runner** using 3 or 4 blocks plus fabric for borders and backing or a **quilt** using one block repeated which will result in a completely different look! For this you will need to bring larger amounts of your chosen fabrics.

For all projects wadding and backing will also be needed in appropriate size.

Lots of options-if you have any questions or special requests for projects please get in touch.

Small Bargello Quilt approx. 34" X 38"

2 1/2 " strips from 13 fabrics(can be part of a jelly roll or from your fabric stash) shading light ,medium and dark in 1,2 or 3 or 4 colours.

0.25m fabric for innerborder

0.5m fabric for outer border

Fabric for backing 1m

Wadding 38" X 42" minimum



If you like using jelly rolls you could also make a bed runner with one (40 strips) jelly roll (approx. 80" x 30")

or a larger quilt with two identical jelly rolls(40 strips each) 80" x 60-70"approx..

Additional fabric required for any optional borders or binding plus backing and wadding to size.

Bargello Bed Quilt

The following sizes can be made from the following fabrics: 62" X 64" or 80" X 60" approx.

0.5m of 10 fabrics. (the different sizes depend on the width of strips cut)

Backing fabric and wadding for chosen size.

Borders can be added to the Bargello panel to frame it and increase the size of the quilt

e.g. a 3" border will need additional fabric 0.5m minimum and give you a quilt 68" x 70" or 86" x 66" approx.

then a pieced border could also be added from bargello fabrics to give a quilt sized 74" x 76" or 92" x 72" approx..

then finally an outer border of 5" which will require approx 1m of fabric and the quilt will then measure approx.84" x 86" or 80" X 100"

Again fabric for backing and wadding will be required to chosen dimensions.

The Bargello technique is fascinating and flexible- within certain constraints . Full design possibilities can be discussed.....playtime!

—> **Fabrics for Bargello designs** –choose plain colours or batiks or similar in several colours and shading dark, medium and light in each. Small prints can work well and the odd larger print can work in a charm scrappy bargello but remember some of the strips may be quite narrow and you really need the colour to appear in each strip... Choice of colour will result in very different quilts! You could go minimalist and work in monochrome-just one colour with many shades light to dark –or then just add a pop of a contrast. Please ask for advice if you need help.



Optical Illusion Bargello 42" X 42" approx.

This quilt I designed inspired by a Bridget Riley painting. It uses a similar technique to Bargello-but very different look!

Fabric 1 2.2m 55" wide or 2.5m 44" wide(this fabric used for the backing and binding also)

Fabric 2 0.75m 55" wide or 1.5m 44" wide

Wadding 48" square



Guests are also very welcome to bring along UFOs (Unfinished Objects) and WIPs (Works In Progress). Enjoy the time, space and any helpful advice needed to get those projects finished!

If you have a kit you've started and got stuck-or been unable to start at all- do bring it along and we'll get things moving.

The patchwork and quilting holidays here are very relaxed and friendly, creative and productive, informal-and fun! If you have any queries please do ask- and we look forward to welcoming you to Gartmore House!

Clare Workman

Patchwork & Quilting Tutor